## McKenzie<sup>®</sup> Rolls

	Round Roll	Slimline Roll	Super Roll	Airback	Neck Roll	Night Roll
About	The Original McKenzie® Round Lumbar Roll was the first-ever lumbar roll to be made in the world! The current rolls are developments of the 1968 prototype. The Round roll compresses easily whilst still providing medium-firm support.	The Slimline Roll is a popular choice for office workers or for those using dining chairs whilst working from home. It is a very popular roll which has proven corrective qualities, relieving the pain and discomfort resulting from inadequate universal seating and assisting with postural maintenance.	The curved shape of the Super Roll contours comfortably around the body and sits well with most office, dining and car seating. The size and shape are very similar to the Slimline Rolls, however the Super Rolls provides a much firmer lumbar support.	An inflatable lumbar roll, easily adjustable support from minimal to firm. Compact and portable.	Provides medium to firm support to the cervical structure and maintains the natural curve of the cervical spine. Place in your pillowcase, on top of the pillow and along its lower edge.	Supports your lower back and prevents strain that can be caused by unfavourable sleeping positions/surfaces. Attach around your waist (between pelvis and ribcage). Can be used lying on your back or side.
Suited for	Particularly suited to larger framed people, or for those with a pronounced lumbar lordosis (hollow in the base of the back) for everyday use. Also great for smaller/medium framed people when sitting on softer furnishings like a sofa or armchair, or sitting up in bed.	Most body types. Ideal for elderly or petite persons, with limited range of motion in their low back and/or those who require some light support in maintaining an upright posture. This is our least intrusive roll.	Most body types. Particularly for those who are of small/medium build and/or require firm support because of back issues. Also suitable for medium/larger build who require some firmer support in maintaining an upright posture	Ideal for commuters and travellers, and for use at the theatre, sporting events, movies or restaurants, etc.	People who suffer from neck pain, particulary when lying down, or upon waking up.	People who suffer from lower back pain, particularly when lying down, or upon waking up. Waists measuring 80-95 cm (M) or 95-110 cm (L)
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Length (mm)	280	320	310	390	510	M = 900 / L = 1050
Height (mm)	Diameter: 120	150	130	120	Diameter: 90	Diameter: 100
Depth (mm)		50	50	110		
Foam	Superior Injected moulded foam	Superior Injected moulded foam	Superior Injected moulded foam	n/a	Polyurethane open cell flexible foam	Polyurethane open cell flexible foam
Density	Medium	Medium	Firm	Adjustable	Medium	Medium
Cover	Microsuede & Polyester with stylish embroidery	Microsuede & Polyester with stylish embroidery	Microsuede & Polyester with stylish embroidery	Dark blue or Light Grey	White cotton	White cotton
Straps	Removable & adjustable (45-85cm) straps	Removable & adjustable (45-85cm) straps	Removable & adjustable (45-85cm) straps	No	No	Medium = Tie Large = Tie or Velcro
Other	- Made in New Zealand - Sized to fit modern car seating	- Made in New Zealand - Sized to fit modern car seating	- Made in New Zealand - Sized to fit modern car seating			